



Thousands of others have gotten rid of theirs WITH-OUT DIETING OR EXERCISING often at the rate of over a pound a day and WITHOUT PAYMENT until reduction has taken place.

I am a licensed practising physician and personally select the treatment for each individual case, thus enabling me to choose remedies that will produce not only a best of weight harmlessly, but which will also relieve you of all the troublessome symptoms of everstoutness such as shortness of breath, palpitation, indigestion, rheumatism, gout, asthom, kidney trouble and various other affections which often accompany overstoutness.

My treatment will relieve that depressed, thed, sleepy feeling, giving you renewed energy and vigou, a result of the loss of your experimous fat.

You are not required to change in the alightest from your register mode of living. There is no disting or exercising. It is also not not pleasant to take.

If you are overstout do not postpone but sit down right now

If you are overatout do not postpone but sit down right now and send for my PREE TRIAL TREATMENT and my plan whereby I am to be PAID ONLY APTER REDUCTION HAL TAKEN PLACE If you so

DR. R. NEWM/N' Element Physician State of Sine York 206 Pith Avenue, How York, R. E. S.

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# News Brevities

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reads boostern from the United States pressived a warm velocome and that the residence of the processory of the states of the st

A Line O' Cheer Each Day O' The Year By JOHN KENDRICK BANGS.

Alleged Common Law Husband Blamed For Mrs. Wehman's Death

HI-Y CLUB WILL GIVE

FOOD PRODUCTION IMPENDS

# Your Income Taxes

1517.

J. A. Currel income tax expert, 195
Trust boliding, will answer any questives sent to The Herald, if you night

Use Herald Want Ads

ENOUGH By L. W. BOWER, M. D. A man weighing 150 pounds has fat enough in his body to make a dozen good sized candles. That's "fat enough." Too much fat or too little indicates a disordered physical condition. The average American has too little fat. He is gaunt and spare. Americans are known to the world as a nation of dyspeptics. That is the price they pay for a success which does not take time to cat properly. No man can be stronger than his stomach. The man with a "weak stomach" will be a weak man. When the stomach is "weak," the food is imperfectly digarted and the body as a consequence, is insufficiently neurished. No fat can be put on the body until the nourishment derived from food exceeds the daily requirements of the body in west and waste of tissus. When the stomach is "weak," the nutrition falls below the daily requirements of the body.

PROGRAM AT HIGH SCHOOL

Then Serville, entertainer, will be less a program given at the high body.

Dr. Pierce's Golden Medical Discovery acts directly on the stomach and increase at most set of the Hi-Y club, R was at most ling of the captain of the hard active land at the Y. M. C. A. Members of the hard school baskettles, of the captain of the Learn, supplies, and indice is A. Their current of the captain and searches of the captain of



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For a Child's Liver and Bowels

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Kabibble Kabaret



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